**Child Safety** is no accident

**WASH YOUR HANDS**
Many times every day ...

- Every time you use the bathroom
- Before and after you handle food
- If you have been in public places (the mall, school, on the bus)
- If you visit the hospital
- After handling family pets
- Encourage good hand washing habits with the whole family

**YOU CAN HELP**
**PREVENT INFECTIOUS DISEASES**

**INFECTION CONTROL PUTS SAFETY FIRST**

- If you are sick please reschedule appointments and stay home.
  (Do not visit KidsAbility or elderly grandparents)
- Get immunized; talk to your doctor
- Don't share drinking cups or toothbrushes
- Clean the toys with soap and water; don’t share toys if you are sick
- Use alcohol-based hand sanitizers when you see them
- Cough & sneeze into your sleeve!

Cambridge • Fergus • Guelph • Kitchener • Waterloo

519.886.8886
1.888.372.2259

KidsAbility
Centre for Child Development

Child Safety is no accident

kidsability.ca

Founded and Supported by Rotarians Since 1957
HOLD ⬆️ FOLLOW ⬆️ WATCH ⬆️

- Prevent a child’s fall.
- *Buckle up* children for safety! Always use safety straps.
- Hold their hand, and don’t let go in busy places.
- Observe their steadiness, or lack of.
- Ask for help when more hands and eyes are needed.
- Follow as they explore. Always use good judgment.
- Supervise and watch! Even in our waiting room. Ask for help if you need it.

* Adapted from Region of Waterloo Public Health

**Hold Follow Watch child supervision model**

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**Understand Your Child’s Treatment**

- Ask questions; write them down in advance. Take notes when things are explained.
- Bring someone with you to the Centre to help you speak up.
- Know what program you need to do at home and follow through. When concerned about a program, STOP and ask.
- Know how to care for special equipment, and have equipment repaired as necessary. Ask for help if you need it.
- If you are seeking peer support from other parents then contact:

  Waterloo Region Family Network
  http://www.wrfn.info/
  (519) 804-1786

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**Medication Safety**

- Keep medications away from all children.
- Ask questions about possible side effects.
- Never give someone’s prescription drugs to someone else.
- Replace expired EpiPens.
- Always have emergency contact information beside the phone.
- Follow instructions carefully; review the 5 RIGHTS:
  - Right child
  - Right drug
  - Right dose
  - Right route
  - Right time

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